

ADULT SCHEDULE: American Top Team Coconut Creek Academy

MON	TUE	WED	THU	FRI	SAT
BJJ – GI All Ranks 10am – 11am		BJJ – GI All Ranks 10am – 11am		BJJ – NO-GI All Ranks 10am – 11am	
	Muay Thai Kickboxing Level 1 6:30-7:30pm		Muay Thai Kickboxing Level 1 6:30-7:30pm		Open Mat Grappling 11am-1pm
Boxing All Levels 6:00-7:00pm		Boxing All Levels 6:00-7:00pm		Boxing All Levels 6:00-7:00pm	
BJJ – GI Intermediate (White & Green) 6:30-7:30pm	BJJ – GI Advanced Blue & Above	BJJ – GI Intermediate (White & Green) 6:30-7:30pm	BJJ – GI Advanced Blue & Above	BJJ – GI Intermediate (White & Green) 6:30-7:30pm	
	BJJ NO GI Intermediate & Advanced 7:30-8:30pm		BJJ NO GI Intermediate & Advanced 7:30-8:30pm		
BJJ Beginner GI 7:30-8:30pm		BJJ Beginner GI 7:30-8:30pm		BJJ Beginner GI 7:30-8:30pm	
Muay Thai/ Kickboxing All levels 7:30-8:30pm	Muay Thai Kickboxing Level 2 7:30-8:30pm	Muay Thai/ Kickboxing All levels 7:30-8:30pm	Muay Thai Kickboxing Level 2 7:30-8:30pm		
MMA Classes 7:30-8:30pm		MMA Classes 7:30-8:30pm		MMA Classes 7:30-8:30pm	

PLEASE NOTE

**Please present your student ID card upon entering*

**Show up 15 minutes before your class starts*

**Wear the proper ATT attire for your class*

ATT merchandise and gear can be purchased at Our Pro Shop located inside the Coconut Creek Academy